



RESOURCE

WASH and Health for Menstrual Hygiene Management Training of Trainers Manual

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Description / Abstract

This publication intends to deepen the understanding of the biological nature of the menstruation phenomenon to reclaim and restore the pride and confidence that should naturally be a part of it. Managing menstruation hygienically with linked sanitary facilities is an important aspect of life – the practical dimensions of which this publication also aims to facilitate – resulting in clean, convenient facilities that offer privacy and dignity for women at any time of the month.

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